

ITALIAN KITCHEN & BAR

La Rustica



Aperitivo

OLIVE MISTE [✓]3.95

Marinated mixed olives.

PANE ALL'AGLIO [✓]6.95

Freshly baked garlic pizza bread.
Add mozzarella or tomato (8.25)
or both extra toppings (9.25).

PANE AROMATIZZATO [✓]6.95

Homemade mixed slices of bread,
marinated olives & balsamic oil.

Antipasti Freddi

BRUSCHETTA [✓]7.45

Toasted bread topped with cherry tomato,
basil & garlic. Drizzled with balsamic reduction.

INSALATA CAPRESE [✓]8.95

Vine-ripened tomato, buffalo mozzarella,
basil, black olives & balsamic reduction.

PATÈ DI FEGATO 9.95

Homemade chicken liver & brandy
patè with our homemade red onion
jam. Served with homemade bread.

COCKTAIL DI GAMBERI 10.95

Prawns drenched in Marie-rose sauce on a
bed of lettuce, served with homemade bread.

PIATTO DI CARNE FREDDA

FOR ONE: 9.45 TO SHARE: 16.45

The true Italian tasting plate: Serrano
ham, salami, pepperoni, cooked
ham, olives, breads & cheese.

HARISA PRAWN 11.95

Oven baked prawns marinated in spicy
harisa butter. Served on bed of rocket salad.

Contorni

HAND-CUT CHIPS [✓]3.95

ROAST POTATOES [✓]4.95

MIXED SALAD [✓]4.95

TOMATO & RED ONION SALAD WITH BALSAMIC REDUCTION [✓]4.95

PARMESAN & ROCKET SALAD [✓]5.50

MASHED POTATO [✓]5.95

ROASTED MIXED VEGETABLES [✓]5.95

CREAMY GARLIC & CHILLI MUSHROOMS [✓]6.95

FRIED CHICKEN WINGS 5.95

CHICKEN SKEWERS 7.95

FRIED HALLOUMI [✓]8.95

GRILLED LAMB CHOPS 12.95

ALLERGEN STATEMENT:

We are not a free from restaurant & food or drink we serve may contain, or come
into contact with, gluten, dairy or nuts. Please inform us of any food allergies
before ordering – so we may take extra care to avoid cross contamination. Some
dishes may be made dairy free, please ask. [✓] Suitable for vegetarians.

Please note that some chicken dishes may contain hairline bones, commonly
known as wishbones, and some fish dishes may contain small bones.

Antipasti Caldi

MINISTRONE [✓]7.45

Creamy tomato base soup. Served
with homemade focaccia bread.

FUNGHI DAVIOLA 7.95

Oven-baked mushrooms with bacon, garlic,
chilli & tomato sauce, topped with mozzarella.

PARMIGIANA DE MELANZANE [✓]7.95

Aubergine slices, layered with tomato &
red onion. Dressed with a rich béchamel
sauce & parmesan cheese.

POLPETTE NAPOLETANE 9.95

Home-made Italian beef meatballs served with
spicy tomato sauce. Served with fresh bread.

COZZE CON AGLIO 10.45

Black mussels cooked with garlic, parsley,
white wine & chilli. Served with fresh bread.

GAMBERONI CON AGLIO 12.95

King prawns cooked with garlic, chilli
& parsley, served with bread slice.

GAMBERONI E CALAMARI FRITTI 13.95

Deep-fried king prawns & calamari
lightly dusted in flour, seasoned with
salt & cracked black pepper. Served
with our homemade tartar sauce.

Risotto

RISOTTO ALLE VERDURE [✓]15.95

Classic risotto rice cooked with mushroom,
green beans, courgette, parmesan,
white wine & fresh chopped parsley.

RISOTTO ALLA STROGANOFF 19.95

Slow-cooked beef with risotto rice finished in
creamy mushroom, white wine & mustard sauce.

RISOTTO AI FRUTTI DI MARE 25.95

Cooked with black mussels & king prawns
in creamy white wine sauce. Topped
with pan-fried fillet of sea bass.

Principale

POLLO PICANTE 18.45

Chicken breast coated in Italian herbs, roasted
peppers, red onion, garlic, chilli & tomato sauce.
Served with seasonal roasted vegetables.

SCALOPPINE DI POLLO 19.95

Chicken breast season with Italian herbs, finished
with mushrooms & a light creamy sauce.
Served with side of seasonal vegetables.

GUANCIA DI MANZO 24.95

Beef cheek slow cooked with red wine, tomato,
peppers & Italian herbs and spices.
Served with side of seasonal vegetables

POLLO LA RUSTICA 23.95

Chicken breast cooked in a tomato & cream
sauce with crab meat & king prawns. Served
with seasonal roasted vegetables.

STINCO DI AGNELLO 25.95

Slow-braised lamb shank cooked with a
luxurious gravy infused with Italian spices.
Served on a bed of mashed potato.

FILETTO DI SEA BASS 25.95

Pan-fried sea bass fillets with king prawns,
mussels, white wine & creamy dill sauce.
Served with seasonal roasted vegetables.

POLLO ALLA GRIGLIA 25.95

Platter of grilled chicken skewers, chicken wings &
lamb chops. Served on a bed of salad with chips,

TAGLIATA AL BALSAMICO 31.95

Classic balsamic-marinated 10oz sirloin steak,
grilled rare then carved & topped with parmesan
shavings. Served warm on a bed of rocket
salad, dressed in a blend of cooking juices
& balsamic reduction. Served with chips.

BISTECCA DI SIRLOIN 31.95

10oz dry-aged sirloin steak, grilled to your
liking. Served with Diane or peppercorn
sauce & homemade chips.

BISTECCA DI FILETTO 34.95

8oz dry-aged fillet steak, grilled to your
liking. Served with Diane or peppercorn
sauce & homemade chips.

BISTECCA DI FILETTO ALLA TEQUILA 34.95

8oz dry-aged fillet steak, grilled to your liking,
finished in a sauce of mushroom, sweet red
pepper, cream, tomato & demi-glacé, flambéed
in Mexican tequila. Served with chips.

Dolce

TORTA AL CIOCCOLATO FONDENTE 8.95

Indulge yourself in chocolate heaven:
double layers of sponge filled with
white chocolate & chocolate sauce.
Served warm with vanilla ice cream.

TORTA DI FORMAGGIO 8.95

Homemade vanilla cheesecake. Served
with vanilla ice cream & fruit coulis.

CHURROS [✓]7.95

Deep-fried dough dusted with sugar &
cinnamon. Served with warm chocolate sauce.

Pasta

LASAGNE AL FORNO 15.95

The Italian classic we all know & love.

LINGUINE POLLO CARBONARA 15.95

Pasta served in a creamy sauce of egg yolk
with pancetta & chunks of chicken breast.

CANNELLONI RICOTTA E SPINACI [✓]14.95

Ricotta & spinach filled pasta tubes,
oven-baked with fresh spinach, grana
padano cheese & creamy ricotta,
surrounded with a rich tomato & garlic
sauce, finished with melted mozzarella.

LINGUINE OYSTER

MUSHROOM ALFREDO [✓]14.95

Delicately cooked linguini tossed
in a luxuriously creamy Alfredo
sauce & oyster mushrooms.

LINGUINE POLPETTE 16.95

Pasta & meatballs tossed with classic
Bolognese, garlic & a hint of chilli.

TAGLIATELLE CASERECCHE 18.95

Pasta with slow-cooked beef in creamy
parmesan sauce with a hint of chilli. Topped
with wild rocket & parmesan shavings.

TAGLIATELLE LA RUSTICA 19.95

Pasta in a mild creamy curry flavoured sauce
with chicken, king prawn, mushroom & garlic.

TAGLIATELLE SALMONE

E ASPARAGI 18.95

Pasta tossed in creamy sauce with
a touch of tomato, fresh salmon,
asparagus tips, garlic & white wine.

PENNE DI GUNACIA 20.95

Penne pasta with slow cooked beef
cheek in hint of spicy creamy sauce.

LINGUINE FRUTTI DI MARE 22.95

Linguine cooked with calamari, mussels
& prawns. Served in a garlic, white wine
& tomato sauce with just a hint of chilli.

BISTECCA DI MANZO CON SALSA

AL FORMAGGIO BLU 24.95

Flat-ribbon egg pasta coated in a
creamy blue cheese sauce. Served with
28-day, 4oz dry-aged sirloin steak.

TIRAMISU [✓]8.50

Elegant Italian classic
soaked in coffee & brandy
(contains alcohol).

CRÈME BRÛLÉE 6.95

Rich homemade custard base
topped with caramelised sugar.
Served with fresh strawberry.

GELATO [✓]5.95

Two scoops of chocolate or
Madagascar vanilla ice cream.
Served with fresh strawberry.

SORBETTO [✓]5.95

Please ask for today's selection.

Caffè Liquoroso

50ML MEASURE 8.95 EACH

IRISH COFFEE

BAILEYS COFFEE

CALYPSO

Tia Maria.

KEOKE COFFEE

Tia Maria & brandy.

JAMAICAN COFFEE

Tia Maria & rum.

Pizza

HANDMADE, STONEBAKED,
THIN & CRISPY.

MARGHERITA [✓]11.95

Classic tomato sauce & mozzarella.

PIZZA ALLE VERDURE [✓]13.95

Tomato sauce, peppers, mushroom,
courgette, red onion, mozzarella &
olives.

PIZZA HAWAIIAN 14.95

Tomato sauce topped with
cooked ham & pineapple.

DIAVOLA 14.95

Tomato sauce, mozzarella, pepperoni,
roasted peppers & chilli flakes.

PIZZA ALLA BRACE 15.95

Barbecue sauce base, mozzarella,
chicken, peppers & smoky bacon.

PIZZA LA RUSTICA 16.95

Tomato sauce, mozzarella, chicken,
meatballs, red onion & jalapeños.

QUATTRO STAGIONI 16.95

Tomato sauce, pepperoni, smoked
bacon, onion, mushroom & mozzarella.

CALZONE DI VERDURE [✓]14.95

Folded pizza stuffed with tomato
sauce, peppers, mushroom,
courgette, red onion, mozzarella &
olives. Served with a side of spicy
homemade tomato sauce.

CALZONE LA RUSTICA 18.95

Folded pizza stuffed with bacon,
tomato sauce, pepperoni, mozzarella
& mushroom then finished with a
topping of rich Bolognese sauce.

PIZZA FOCACCIA CAPRESE [✓]15.95

Focaccia pizza baked with a
drizzle of olive oil & a touch of sea
salt. Topped with fresh tomato
slices & buffalo mozzarella.

Bevande Calde

SINGLE ESPRESSO 2.50

DOUBLE ESPRESSO 3.50

AMERICANO 3.50

MACCHIATO 3.50

CAFÉ LATTE 4.25

CAPPUCCINO 4.25

MOCHA 4.95

AFFOGATO 4.95

HOT CHOCOLATE 4.95

REGULAR TEA 2.95

PEPPERMINT TEA 3.25

GREEN TEA 3.25